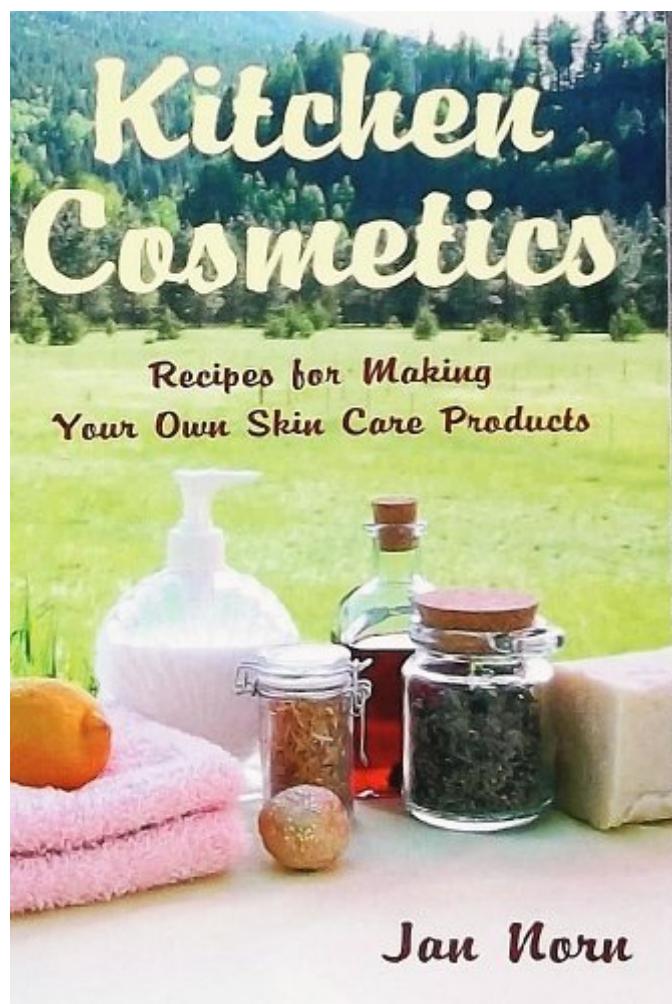


The book was found

# Kitchen Cosmetics: Recipes For Making Your Own Skin Care Products



## **Synopsis**

Since the dawn of time, women have loved cosmetics. From bear-grease and woad to complex modern lotions, we cherish beauty aids, but now that cosmetics have become a huge and expensive industry, we need to bypass the loop and make our own products from ingredients that we trust. Protect your immune system, eliminate cancer-causing ingredients and DO IT YOURSELF. Jan's recipes are simple and effective. They explain HOW and WHY each ingredient works. Cosmetic cookery is fun. You can save a lot of money - make a whole batch of creams or lotions for the price of one pot of 'commercial' stuff. Your friends will enjoy testing your creations (they make great gifts as well). Learn to make soap, lotions, creams, deodorants, shampoo, baby powders and oils, safe sun-screen, herbal bug-repellent and many other skin-care solutions.

## **Book Information**

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## **Customer Reviews**

the kitchen part threw me because I dont keep most of these in my kitchen , I was hoping for more ordinary products such as oatmeal ,salt ,sugar ect.

The book does have a lot of good recipes, especially if you want to make your own soap. But if you're not looking to make soap then it is not the book for you

Have been using recipes in this book for a long time now.

This was a very informative, well researched book. The recipes seem simple enough for even me ! I am looking forward to trying them.

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